

Finding Her Voice Zine Vol. 1

**Created By
Orchard House Girl Action Team**

an instant help book for teens

finding her voice



how black girls in white
spaces can speak up
& live their truth

- * respond to microaggressions
- * build fulfilling relationships
- * appreciate who you are

FAYE Z. BELGRAVE, PhD
IVY BELGRAVE & ANGELA PATTON
FAYEVOXER LACROIX CHRISTIE, UMMS, PhD


GIRLS FOR A
CHANGE


**Orchard
House
School**

Contents

Identity

Letting Others See All of You

Body Image

My Hair, My Joy, and My Agony

What is Colorism?

Relationships

Your Support Squad

Institutions

My Family Is Different

Media Stereotypes

I love being

NIQUE
BIG FLUFFY
lips proud of my stretch marks
DARK SPOTS

BODY POSITIVE

avoid

NATURAL-HAIR
SKIN
Kinky-Curly

BLACK

Girl
MAGIC

That's my whole vibe."

Natural Beauty

I AM NOT MY HAIR

be Gentle Value
to love appreciate
your self

impostor

smile

syndrome

HAPPY RITUALS.

MUSIC
MEDITATION
DANCE

health and wellness

"I FILL MYSELF UP EVERY DAY. I CHECK IN ON ME FIRST, BEFORE ANYBODY ELSE."

sleep
EXERCISE
Take a Walk
LOWER ANXIETY
Big Changes
Big Results

Free
out of darkness
into the light.

STRENGTH

live
laugh
Love
gorgeous!

GET OUT OF YOUR OWN HEAD

Inner Peace

TURNED A NEGATIVE INTO POSITIVE

PROUD

Hopefully through this, little Black and brown girls will see that they can do it too."

BLONDES DO IT BETTER

Real

OBSSESSIONS

my style



Celebrate
the people who matter most.

Majesty

queen
FEATURES

UNRULY HAIR



strength



BLACK GIRL



COLOR



Lites

beauty



PURE



Blend

FREE

BLACK WOMEN

authenticity

GODDESS



SKIN



THE RISE
OF FEEL-
GOOD GURU
TABITHA
BROWN

É ADAMS

LEADING BY
EXAMPLE

the
head that
wears
the crown.



FROM
You

Elements

Us

but Better

BLACKLISTED
BOLD

I Allowed Myself to Be Seen

**SIMPLY
BEING**

Melamin

FACES

**THE BLACKITY-
BLACK BLACK
POWER**

Black Girl



gangster control



“WHAT DO YOU QUALITATIVELY LIKE ABOUT BLACK PEOPLE?”

FAST

99% OF THEM

broken TOXIC
LOW-INCOME!
“I’m always frustrated with these conversations about representation, because there will never be enough. There will never be a quota that is met.”



Mad MAD

WARNING FUTURE louder

hood, thug boys??
Funny Reliable POLITICAL TATTOOS

KILL Uncle Remus THICK AND THIN



is Rockin'

Addiction

THE BAD GUY?

“IT’S A WAY OF SAYING YOU’RE A PART OF A GROUP, AND ARE, BY EXTENSION, NORMAL.”

Alternative

WE HATE YOU

drama.

FOOTBALL

Unsung HEROES



DRAMATIC



GROOM

STRONG

EVERYTHING

LOVE IS

**A PLACE
OF HOPE**

mommy

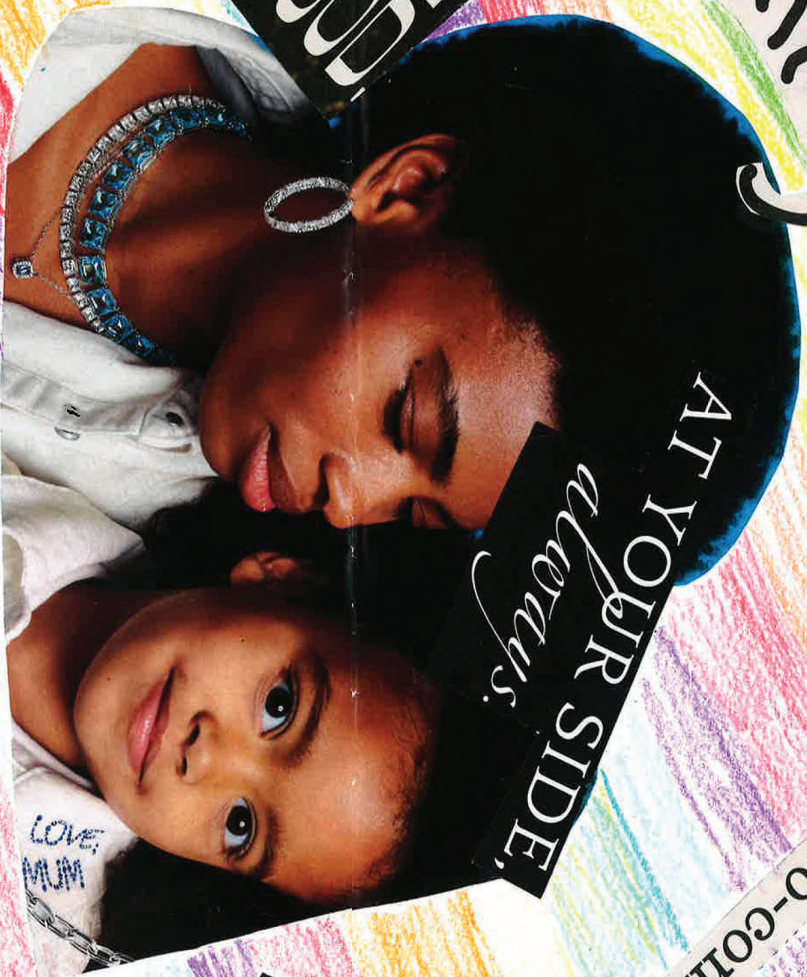


pro-family

A HIGHER STANDARD

relationship

SPIRITUAL
CATALAN



AT YOUR SIDE,
always.

motherhood

Because, why not?

granddaughter

*don't talk about
my mom*

CENSUS

pro-community

CLOSER

"What am I?"

CONNECTION

**BORN
THIS WAY**

Created By

Dejanae Williams

Sanaa Glass

This Zine was created by our Girl Action Team at Orchard House Middle School. The girls held discussions in relation to the topics discussed in their Finding Her Voice workbook. Each page represents their interpretations of how they are perceived through each section of Finding Her Voice.

Carrington Mack

Asani Ka-Re

Journi Marlow

Mes Nelson

Sis. Stacie Brown