



Girls For A Change After School Chesterfield Branch Licensed After School, Evening & Weekend Activities

The after school field is an essential part of communities' response to the coronavirus pandemic. Youth, especially girls will need expanded support to emerge from this crisis strong, resilient, skillful, and hopeful - and Girls For A Change is committed to being there to help them do so.

As we plan to reopen this fall, we are excited to announce that we can take a limited number of 5th, 6th, 7th, and 8th-grade girls to attend our After School Chesterfield Branch starting Monday, October 18th until Friday, June 18th.

Our hours: 2:30 pm – 7:00 pm.

Extended Days: Tuesdays & Thursdays, 6:30 pm - 8 pm

Other important details:

Snack and Dinner served daily.

Pack lunch from home on half days.



Overview

Despite inspiring progress in so many ways, the world still has some distance to travel to be as extraordinary as we would like it to be for girls and women, especially for our Black girls. At Girls For A Change girls are free to be their authentic selves, flex their skills, use their voices to change the world, and see themselves as future leaders, especially in middle school.

Girls For A Change After School Program is a safe space where we co-create with girls, every girl is seen, heard and celebrated! Whether you need after-school care, or your daughter is looking for opportunities to pursue her interests with peers outside of in-person or virtual school, we've got you covered.

Girls For A Change After School focuses on the need for out-of-school time programs to help adolescent Black girls develop agency. Girls For A Change's culturally responsive approach gives voice to adolescents and their families by creating opportunities to respond to issues that affect them. The ability to self-advocate is a vital skill that can empower adolescent Black girls to understand themselves, their needs, and to seek out people and resources that can help them meet those needs.

Providing opportunities for Black girls to develop agency is key to their growth!

Numerous studies have shown that girls' education is one of the most cost-effective strategies for promoting development and economic growth. Understanding relevant cultural, social, and health factors are critical to addressing girls' education, keeping girls happy while in school and closing the gaps they face. Girls For A Changes' After School program collaborates with parents, local community innovators, and



organizations, to implement a community-based program, specific to underserved and vulnerable communities that reaches out to Black self-identifying adolescent girls, their families, and allies to educate them on their needs, rights, reproductive health, personal safety, educational opportunities and more.

Middle school is a “make or break” time for many young adolescents academically. In addition to facing more demanding academics, middle school youth are dealing with the challenge of meeting social and emotional benchmarks as they transition from elementary school to middle school and then high school. As schools grapple with longstanding racial inequities brought into sharp focus by recent cases of police brutality and the coronavirus pandemic, one problem stands out: Black girls often face both racial and gender bias in the nation’s classrooms.

This is where the Girls For A Change After School program comes in.

Our mission is to Prepare Black girls for the World and the World for Black girls, which means we address Black girls’ experiences and stand in the gaps they face. The more positive messages received about being Black and being girls growing into women, the more positive they will feel about being Black and the fewer depressive symptoms will be reported.

Girls For A Change, After School Program will highlight the importance of avoiding negative stereotypes about Black girls and stand in the gaps they face in their schools, communities and sometimes even in some households. Every program at Girls For A Change

is designed to give every girl access to the right opportunities, so she can succeed, no matter their background.

Our Program

The resources for Girls For A Change After school initiative have been vetted using a culturally responsive and equity lens to foster inclusive learning spaces for girls, particularly Black girls. These transformative practices will improve the overall quality of all after school opportunities and lift Black girls as they become future innovators.

Girls For A Change (GFAC) Chesterfield Branch After School Program offers a girl-centered program for girls in grades 5th-8th grade in North Chesterfield, Virginia designed to give self-identifying Black tween and teen girls the social and emotional learning tools to build a strong sense of self. At Girls For A Change After school, participants will be provided with multiple benefits, the priority being provided a “safe space”, with a diverse group of skill female leaders and instructors to guide, supervise, remain dedicated to supporting our girls excel academically and socially,





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implement evidence-based strategies to deliver high-quality needs and challenges of Black girls in health, education, empowerment, and STEAM to remove barriers and create opportunities for each participant live self-determined lives.

Each day, the activities given will enhance and enrich participants by working on subjects covered in school, working with school teachers, and parents to provide extra support, learning study skill strategies, and providing leadership, career development, soft and hard skills-building sessions and learning new things. All participants take a Pretest the first week of the after school program to determine academic strength and challenges. All participants will have an Academic and Personal Plan Success Plan will be co-created with the parent, participant, teacher, and GFAC. The plan is to check in every 9-weeks and make adjustments to each participant's plan to support each their individual goal.

We are excited to partner with you and your daughter to pair academic success with fun from the school day. An abundant, exciting selection of developmentally age / grade-appropriate resources allows participating girls to learn new skills, explore new areas of interest or delve deeper into extracurricular subjects they already enjoy to support building happy, healthy, and well-rounded girls.

We have spiced up our offerings:

- Youth mentoring
- Sister Circles
- Study groups
- Book Clubs
- NSBE Chapter (National Society of Black Engineers)
- Free Access to Saturday programming
- Monthly theme life skills training (sewing, cooking, hygiene gardening,) to assist in developing our girls to their full potential as leaders in today's society.
- STEAM courses (Girls Who Code, Capital Coders, and more)
- In-person and Virtual Guest Speakers
- Field Trips

Transportation is available, however it is limited. Due to COVID-19 transportation is limited to keep us all safe.

Girls For A Change provides transportation for the following Chesterfield County Public Schools:

- AM Davis Elementary
- Manchester Middle School

Chesterfield County Public School Transportation will drop off students from the following schools at Girls For A Change:

- Crestwood Elementary
- Providence Middle School

Transportation included to the above schools. Schools out of the zone will need to be discussed individually. Please call our office or inquire via email for further information and cost.

If your child is not at one of these schools:

You can still bring her to our After School program. This is a great opportunity for socialization in a safe space with limited student numbers. Our small groups encourage girl empowerment and allow your child to do hands-on learning outside of the school day. Parents can have a bit of time to do some things for yourself - like run errands or take a break. If you choose to enroll your child, it's the responsibility of the parent to drop the child off and pick them up at the end of the day.

We encourage parents, carpool, and family members to transport your girls to our after school program due to bus driver shortage, to provide your daughters with additional support, and give parents extra time to get stuff done due to inconvenient dismissal time. With this special request, we have extended our Tuesday and Thursday for no additional cost and will provide dinner on Tuesdays and Thursdays as well as waived our winter and spring break.

Schedule

We have adjusted our start and end times to accommodate these uncertain times. Please note that on half days,, we only serve Richmond Public Schools and Chesterfield County Public Schools.

View our full schedule [linked here](#).

Girls For A Change Chesterfield Branch offers affordable drop-in activities and scheduled programs in a safe and comfortable setting for community youth ages 11-14. Rising 6th- Rising 9th-grade girls.



Fees and Discounts

Discounts rates apply to our Camp Diva Leadership Academy

Sibling Discounts 10% off each additional enrolled girl in your immediate family

No charges for the following weeks:

December 20 - January 7th

April 4th - 8th

Girls For A Change is closed 2 weeks for Winter Break and one week for staff development and training.

Girls For A Change is closed for Spring Break

Cost: \$125 per week - \$500 per month

Next Steps

First, we encourage you to do the following:

Give us a call to schedule a tour - (804 401-6416)

Documents Needed

In order to enroll your child in our after-school program, the following documents must be turned in or completed before the first day of enrollment:

- An application to be completed on our Girls For A Change website at <https://girlsforachange.org/forms/after-school-program-application/>
- A school entrance form that includes health and immunization records
- Proof of identity in the form of the child's birth certificate or social security card
- Set up your account on ProCare, our system that allows you to make payments, receive updates and reminders, and do daily check-ins/outs.

Documents can be emailed to
nakera@girlsforachange.org
or mailed to
100 Buford Road, N. Chesterfield, VA 23235

PROCARE

ProCare is a system that allows us to offer an engaging experience for parents and families, improves communication, and increases efficiency.

If you are a *new parent* you will [register here](#).

Returning parents will [register here](#).

In 2022. We will accept the Virginia Department of Social Services (VDSS) subsidy.

